

July 19, 2021



Re-Opening of Associate Gym Signals Things are Looking Up

In 2020, the pandemic turned social distancing into the new norm. The future looked bleak until vaccinations became available in 2021 and a glimmer of activity began to shimmer. Now, the Associate Gym has opened on July 12 in the UMC Associate Garage. Things are looking up!

“We are finally able to re-open the Associate Gym,” said Isabel Contreras, Director of Rehabilitation Services. “It is my pleasure to announce we once again have a small haven to help us get back to our wellness goals. Thank you for your patience.”

Gym hours are from 4 a.m. to 12 a.m. and open to all UMC and El Paso Children’s Hospital Associates. It is necessary to attend orientation prior to using the Gym. If an Associate has previously attended orientation, their access is valid.

“We appreciate our Associates’ hard work each day and know the importance of having a place to go and work out. Exercising is important for improving mental and physical health,” said Leslie Lujan, Director of Organizational and Community Engagement. “We are excited for the re-opening of the Associate Gym and invite all UMC and El Paso Children’s Hospital Associates to come check it out!”

Upcoming orientations take about 10 minutes and begin Tuesday, July 13, through Thursday, July 15, 7 a.m. to noon in the Associate Gym. Associates need to bring their hospital ID Badge.

WELCOME BACK!

Please follow these simple guidelines in order to ensure everyone’s safety.



1. Wash your hands before working out.
2. Wipe down equipment after use.
3. Sanitize hands when you change equipment.
4. Continue to maintain a social distance.

Thank you and enjoy our facility!
(Mask optional but not required while exercising.)



Vaccination Hub at El Paso County Coliseum Closes

This year, on our country's Independence Day, the Vaccination Hub at the El Paso County Coliseum closed its doors after administering 235,831 doses of first and second dose Pfizer Vaccines. UMC Clinics concluded on July 6 with 29,996 first and second doses given to the community.

"University Medical Center's participation as a HUB for the Department of State Health Services has been an important project for our community," said Myron Lewis, Administrative Director of Pharmacy.

"I appreciate the support of Administration, Nursing, Materials Management, Patient Financial Services, Guest Services, Public Affairs and all the other departments essential to make the project successful," said Myron. "This project saved lives and helped to relieve the number of patients admitted to UMC with serious illnesses due to COVID. Everyone should be proud of our efforts."

The El Paso Convention Center at 2 Civic Center Plaza now administers vaccines



The Vaccination Hub at the El Paso Coliseum and our UMC Clinics achieved success thanks to the many UMC departments doing their part to help El Pasoans receive their vaccinations for COVID-19.

Monday through Friday from 12 noon to 7 p.m. and Saturday from 8 a.m. to 4 p.m. Visit epstrong.org for more information.

Associates Have Fun at UMC Night at the Chihuahuas

On July 9, UMC Associates streamed into the Southwest University stadium for UMC Night at the El Paso Chihuahuas on behalf of the UMC Foundation. Amyra Daher, UMC Chief Nursing Officer, threw out the first pitch of the ballgame.

"I was honored on behalf of University Medical Center to be chosen to throw out the first pitch during our UMC Night with the El Paso Chihuahuas," said Amyra. "Our Associates are fantastic and deserve an evening of fun, laughter and sport! Thank you to the El Paso Chihuahuas!"

Associates purchased 200 tickets for the game played between the El Paso Chihuahuas and the Oklahoma Dodgers.

"A big thank you to all Associates who purchased tickets for UMC Night at the El Paso Chihuahuas. Funds from tickets sales will benefit UMC Foundation's Volunteer Corps' bi-annual Volunteer Congress, whose mission is to help with grant requests for both UMC and EPCH," said Leslie Lujan, Interim Executive Director of UMC Foundation.



UMC Associates had a ball on July 9 at UMC Night watching the El Paso Chihuahuas in action! (Photo by Carolyn Williams.)



Amyra Daher, Chief Nursing Officer at UMC poses with Chico at UMC Night. Below, she is ready to pitch! (Photos by Jeremy Landon Emrick.)



UMC Associates Carolyn Williams, (left) and Miriam Gallinar cheer on the El Paso Chihuahuas on UMC Night. (Photo by Jeremy Landon Emrick.)

